

is pleased to present:

# Bone Health in Advanced Breast Cancer



with  
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Bone metastases occur when cancer cells spread from their original site to the bone. Sixty-five to 75 per cent of women with advanced breast cancer can eventually develop bone metastases, which can lead to serious and sometimes debilitating bone complications, known as skeletal-related events (SREs).

According to Dr. Kathy Pritchard, "SREs include fractures and spinal cord compression from vertebrae collapsing and compressing, which can lead to paralysis if not treated."

There are therapies available which help reduce the risk of SREs.

It is important for women with advanced breast cancer to pay attention to the warning signs and symptoms of cancer spreading to the bone, and to speak to their doctor about the latest treatment options to reduce the risk of developing SREs.

## SPECIFIC SYMPTOMS OF METASTASES MAY INCLUDE:

- Increased pain in new area
- Changes in limb function or other bodily functions

## SREs MAY INCLUDE:

- Broken bones
- Compression of spinal cord
- Need for radiation or surgery

To view this informative program "Bone Health in Advanced Breast Cancer" with Dr. Kathy Pritchard, visit: [www.healthandfamily.ca](http://www.healthandfamily.ca).  
For more information about Bone Health in Advanced Breast Cancer, visit: [www.cbc.ca](http://www.cbc.ca) & [www.rethinkbreastcancer.com](http://www.rethinkbreastcancer.com).



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when it comes to managing their health.

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