



Alz-ID™
Take control.

Risk Assessment for Alzheimer's Disease

Alzheimer's is a degenerative form of dementia that negatively impacts memory and countless cognitive functions.

While there is currently no cure for Alzheimer's, there are various treatments that can aid in decreasing cognitive symptoms.

One key to preserving a high quality of life in patients diagnosed with Alzheimer's is to discover the condition as early as possible, before its effects on brain function are compounded.

In recent years, researchers have developed methods to detect low levels of lipids, called phospholipids, in the brain. This can be achieved via a routine blood test and can help assess an individual's risk factor for developing Alzheimer's disease later in life.

Such a test can be administered during routine check-ups in many locations across Canada.

Assessing and quantifying one's risk for developing Alzheimer's can inform individuals and their physicians as to how aggressively they may need to make changes to their diet & lifestyle to further decrease risk factors.

As always, Canadians should have an open dialogue with their physician. As Dr. Devaraj, Geriatrician, says "For those who want to know their risk - this is a beginning. If you're at average or lower risk, you can have that peace of mind, but if you may be at a high risk, you can at least get a start on actions to minimize additional risk."

Be aware and proactive with your physical and mental health, and if you're 60 years or older, consider having your risk for Alzheimer's screened via blood test.

Find out more at:

www.HealthandFamily.ca/Alzheimers & www.alzidlabtest.ca

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The Alz-ID test is intended for use in risk assessment and monitoring; it is not a standalone test, and is not a screening test for Alzheimer's disease.