

Improving the Quality of Life for MS Patients



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Multiple Sclerosis or MS is a chronic autoimmune disease that attacks the central nervous system. The disease causes unpredictable symptoms that can vary in intensity and range from person-to-person. Even today, scientists still do not know the cause of MS.¹ But we have come a long way. In fact, some of the most dramatic improvements for MS have occurred in recent years.

Some of the most common MS signs and symptoms that can affect patients include:

- ✓ Extreme Fatigue
- ✓ Vision Loss
- ✓ Balance and Dizziness
- ✓ Paralysis
- ✓ Diminished Brain Function²
- ✓ Smoking, drinking alcohol, or using illegal drugs²

Dr. Robert Carruthers, a leader expert in the field, believes that quality of life is something that is just as important as trying to manage the disease itself. "Many patients, even if they have disabilities from MS, can still work, can still walk, or find things they can enjoy doing. It's important for patients to focus on their quality of life, including staying active and doing all the things they enjoy doing."

Watch video 

For the full program on
"Improving the Quality of Life for MS Patients"
with Dr. Carruthers, visit: www.HealthandFamily.ca/MS

